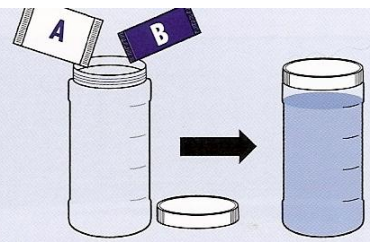


On the day before the Colonoscopy:

- ▶ Sometime in the morning, mix the first container of MoviPrep following the instructions below:

- Empty 1 Pouch A and 1 Pouch B into the disposable container
- Add lukewarm drinking water to the top line of the container. Mix to dissolve



***You may substitute any non-carbonated clear liquid, such as Gatorade®, for the water when mixing the MoviPrep.**

- ▶ Place the solution in the refrigerator for later.
- ▶ **Beginning at 5:00PM**, take the container of MoviPrep solution out of the refrigerator and drink it following the instructions:

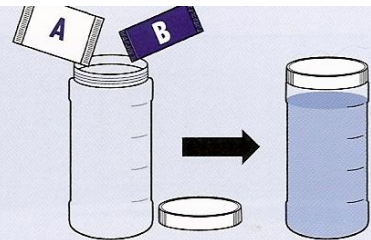
- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is complete



Note: This will produce diarrhea within an hour or two, lasting a few hours.

- ▶ Immediately mix the second container of MoviPrep solution:

- Empty 1 Pouch A and 1 Pouch B into the disposable container
- Add lukewarm drinking water to the top line of the container. Mix to dissolve



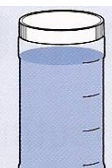
***You may substitute any non-carbonated clear liquid, such as Gatorade®, for the water when mixing the MoviPrep.**

- ▶ Place the solution in the refrigerator for the following morning.
- ▶ **Drink AT LEAST four 8 ounce glasses of any clear liquid between 6:30 – 8p.m. the evening prior to the procedure.**

On the day of the Colonoscopy:

- ▶ **Beginning four hours before your registration time:** Take the container of MoviPrep solution out of the refrigerator and drink it following the instructions below

- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is complete



- ▶ You may continue to have clear liquids until you have finished drinking the MoviPrep, then nothing by mouth until after the procedure.
- ▶ If you have any questions, please call our office at **(920) 223-0490**.